

HORMONE RESET PROGRAM

With: Sara Gottfried, MD

The [Hormone Reset Estrogen Kit](#) Contains:

- Indole-3-Carbinol (Diindolylmethane (DIM) complex)
 - DIM promotes the production of your protective estrogens while reducing bad estrogens at the same time. It's overall effect is a reduction in total estrogen. This supplement is the equivalent of about 25 pounds of broccoli!
- Meriva-500 (Curcumin extract)
 - Curcumin, one of the active ingredients in the spice turmeric, is a potent anti-inflammatory compound. As such, it reduces estrogen's proliferative effects on cancer cells.
- PolyResveratrol-SR®
 - Resveratrol guides estrogens towards more protective paths and away from the production of less-good estrogens. It is also a potent antioxidant!

The three supplements in the [Hormone Reset Estrogen Kit](#) help your body produce more of the estrogens you *do* want while also reducing total estrogen production (through lessened production of the bad estrogens), making them an effective supplement pack to fight estrogen dominance!

You get a 30 day supply of all of the above supplements (taken in the recommended doses), and a 60 day supply of DIM!

[Click Here To Order The Hormone Reset Estrogen Kit!](#)